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## INTRODUCTION....7-14

10 DISTINCT GARLIC TYPES  
GARLIC SEED FOUNDATION



## APPETIZERS.....15-33

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ARTICHOKE HEARTS WITH PARSLEY  
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GARLIC OLIVES  
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MARINATED BEEF STRIPS  
MARINATED MUSHROOMS  
MARINATED ROQUEFORT AND ONION  
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SNACK CRACKERS  
SPINACH BALLS  
STUFFED MUSHROOMS  
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SWISS CHEESE CROCK  
SUMMER TABOULI  
SUMMER TOMATO PIE  
TACO PARTY CHICKEN WINGS  
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THE THYME'S FRESH CORN &

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ZUCCHINI CHIPS  
ZUCCHINI FRIES



## DIPS, DRESSINGS & SAUCES.....35-54

AIOLI--1  
AIOLI--2  
BAGNA CAUDA WITH VEGETABLES  
BEAN DIP  
BLUE CHEESE AND SOUR CREAM DIP  
BLUE CHEESE DIP  
BOUQUET GARNI  
BROCCOLI SAUCE  
BROILING AND BARBECUE SAUCE (PSG)  
BUTTER-LIKE GARLIC SPREAD  
CARAWAY GARLIC SAUCE  
CHILI CON QUESO DIP  
CHILI SALSA  
CLAM DIP  
CREAM CHEESE DIP  
CREOLE SAUCE PIQUANT  
DAN'S ROASTED GARLIC DRESSING  
DILL DIP FOR CRUDITÉS  
GARLIC-BASIL CONCENTRATE (PSG)  
GARLIC BUTTER  
GARLIC CHEESE  
GARLIC-CRANBERRY-ORANGE RELISH  
GARLIC CUCUMBER SPREAD  
GARLIC, FLAX OIL AND VINEGAR DRESSING

GARLIC GREEN BUTTER  
 GARLIC-HERB CHEESE  
 SPREAD  
 GARLIC PUREE  
 GARLIC SAUCE  
 GARLIC TZATZIKI (PSG)  
 GAZPACHO DIP  
 GOUDA CRAB DIP  
 HERB MUSTARD  
 HERBED DIP WITH FRESH  
 FRUIT  
 HOLIDAY PARTY DIP  
 HOT GARLIC SAUCE  
 HOT PEACAN DIP  
 HOT SEASONING SAUCE  
 HUMMUS  
 LARRY'S SUNSHINE SALSA  
 MARINATED GARLIC  
 MOCK CRAWFISH DIP  
 NOISETTE VEGETABLE DIP  
 PARTY BEAN DIP (PSG)  
 PESTO-CELESTO PESTO  
 PESTO-CLASSIC BASIL PESTO  
 PESTO-GARLIC-MUSTARD  
 PESTO  
 PESTO-LEMON-HERB PESTO  
 SAUCE  
 PESTO OIL  
 PESTO--OIL-FREE TOMATO  
 BASIL PESTO  
 PESTO--OUT-OF-SEASON  
 PESTO  
 PESTO--RICOTTA PESTO  
 PESTO--VEGAN PESTO  
 POACHED GARLIC  
 ROASTED CHILI-TOMATO  
 RELISH (FLGM)  
 ROASTED GARLIC CAESAR  
 SALAD DRESSING  
 ROASTED GARLIC SALAD  
 DRESSING  
 ROASTED GARLIC AND  
 WHITE BEAN SPREAD  
 ROASTED PEPPER SAUCE  
 WITH GARLIC  
 SALSA WITH CHUNKS  
 SALSA--1  
 SALSA--2  
 SALSA ROJA  
 SALSA ROMESCO  
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 TOMATOES  
 SARDINE DIP  
 SCORDALIA (GREEK GARLIC  
 DIP)

SHRIMP BACONETTE DIP  
 SHRIMP DIP  
 SPINACH DIP  
 SWEET AND SOUR "CURED"  
 GARLIC  
 TAPENADE  
 TEDDY'S CREAMY GARLIC  
 DIPS AND SPREADS  
 TEMPERO MINEIRO  
 TERIYAKI SAUCE FOR  
 CHICKEN OR PORK (PSG)  
 TOFU TOMATO SAUCE  
 TOMATO-GARLIC PASTA  
 SAUCE  
 VEGETABLE CREAM SAUCE  
 MIX (PSG)  
 WARM GARLIC DRESSING  
 WALNUT SAUCE  
 WESTERN CHILI DIP  
 WHITE GARLIC PIZZA SAUCE  
 (PSG)



## BEVERAGES.....55-56

BLOODY MARY  
 BLOODY MARY MIX  
 FISH LAKE FIRE WATER  
 GARLIC WINE  
 SPICY TOMATO JUICE  
 TOMATO-VEGETABLE JUICE



## SOUPS.....57-66

AIGO BOUILLIDO  
 BEAN AND BARLEY SOUP  
 COLD CUCUMBER SOUP  
 COLD GARDEN SOUP  
 COLD SPANISH SOUP  
 CREAM OF GARLIC SOUP

CURRIED PEA SOUP  
 GARLIC-ALMOND SOUP  
 GARLIC AND CAULIFLOWER  
 SOUP  
 GARLIC BROTH--SIMPLE  
 GARLIC BROTH--HEARTY  
 GARLIC, SPINACH AND  
 MUSHROOM SOUP  
 GAZPACHO--1  
 GAZPACHO--2  
 GAZPACHO ANDALUZ  
 GAZPACHO (WHITE)  
 GAZPACHO WITH  
 AVOCADOS  
 ICY SPICY TOMATO SOUP  
 LEGUME SOUP  
 MENUDO-SONORA STYLE  
 MUSHROOM, ROAST GARLIC  
 AND ROSEMARY SOUP  
 POTATO-GARLIC SOUP  
 POTATO-LEEK SOUP  
 WITHOUT LEEKS (PSG)  
 ROSEMARY'S SORREL SOUP  
 SOUPE AU PISTOU  
 SUMMER TOMATO SOUP  
 TOMATO AND GARLIC SOUP  
 WINTER COLD PREVENTION  
 SOUP



## BREADS, CAKES, COOKIES & DESSERTS.....67-72

CHEESE AND GARLIC DOG  
 COOKIES  
 FETTUNTA (TUSCAN GARLIC  
 BREAD)  
 FIESTA BREAD  
 FROSTED GARLIC CARROT  
 CAKE

GARLIC BREAD--1  
 GARLIC BREAD--2  
 GARLIC BUTTER BUNS  
 GARLIC CHIP COOKIES  
 GARLIC CORNBREAD (PSG)  
 GARLIC CORN CRACKERS  
 (PSG)  
 GARLIC PINWHEEL BUNS  
 (PSG)  
 HOMEMADE GARLIC DOG  
 BISCUITS  
 ITALIAN SAUSAGE BREAD  
 (PSG)  
 ROAST GARLIC ICE CREAM  
 THREE GRAIN GARLIC BREAD

"DON'T FILL  
 YOUR LIFE  
 WITH TIME,  
 FILL YOUR  
 TIME  
 WITH LIFE!"

## CHOW TIME

Chef Ed.....73-76

BROCCOLI SAUCE  
 DETENTION TEA  
 FLEW THE COOP SOUP  
 GARLIC GAOL GARBANZO  
 BEANS  
 GRILL CHEESE SANDWICH  
 RADIATOR RAVIOLI  
 RECIPE FOR SANITY  
 RICE DIABLO & GARLIC  
 SING SING SPAGHETTI  
 TUNA TURNKEY GARLIC  
 SANDWICH



*Ah, garlic*

## ENTRÉES AND SIDES.....77-113

AMARANTH STIR-FRY  
 ARROZ CALDO FILIPINO  
 ARTICHOKE AND CRAB WITH  
 LEMON-BASIL BUTTER  
 BARLEY OR WHEAT WITH  
 PEAS  
 BEANS WITH PASTA  
 BOURRIDE  
 BRAISED WOODCHUCK  
 BROCCOLI QUESADILLA  
 CHEESE BAKED FRIES (PSG)  
 CHICKEN MARGARITA  
 CHICKEN PROVENÇAL  
 CHICKEN WITH 8,000 CLOVES  
 OF GARLIC (A Cornell  
 Class Recipe)  
 CHICK-PEA AND FETA SALAD  
 CHINESE SEAFOOD SALAD  
 CORIANDER FRIED CHICKEN  
 CREAMY MARINATED  
 VEGETABLES  
 CUCUMBER AND VINEGAR  
 SALAD  
 CURRIED CHICKEN CREPES  
 DINOSAUR BONE GRAVY  
 GARLIC SOUP  
 FORTY CLOVE CHICKEN  
 FRIED BABY EGGPLANTS  
 FUL MESDAMES  
 GARBANZO SALAD WITH  
 GARLIC AND CUMIN  
 GARLIC BROCCOLI STRATA  
 (PSG)  
 GARLIC CRÈME CARAMEL  
 GARLIC GOLDEN OATS (PSG)  
 GARLIC NOODLES-HAND  
 ROLLED (PSG)  
 GARLIC OVEN FRIES (PSG)  
 GARLIC PIZZA STRATA (PSG)  
 GARLIC RATATOUILLE (PAT  
 REPPERT)  
 GARLIC RISI BISI (PSG)  
 GARLIC ROASTED NEW  
 POTATOES  
 GARLIC ROSEMARY POTATO  
 CHIPS  
 GARLIC SAUCED POTATOES  
 (PSG)  
 GARLIC TATER SKINS (PSG)  
 GARLIC GRITS  
 GARLIC LAMB  
 GARLIC PULSE PATTIES

GARLIC TOASTS WITH  
 KAMUT SPROUTS  
 GRANDFATHER'S RINKTUM  
 DITTY (PSG)  
 GRANDFATHER'S SHAGGY  
 DOGS (PSG)  
 GREEN BEANS WITH TUNA  
 GREEN PEPPERS STUFFED  
 WITH GARLIC AND  
 SHRIMP  
 GREENS WITH OLIVE OIL  
 AND GARLIC  
 GRILLED GARLIC CHICKEN  
 GRILLED RED SNAPPER WITH  
 MELON SALSA  
 HOT (SPICY) FREEZER  
 MEATBALLS  
 HUNGARIAN RABBIT  
 JERUSALEM ARTICHOKE  
 BAKE  
 JUNE'S GARLIC LOVER RIBS  
 KOREAN PORK (PSG)  
 LEMON-GARLIC ROASTED  
 CHICKEN  
 LENTIL SALAD  
 LIGHT INDIAN CURRY  
 LIGHT ITALIAN CHICKEN  
 LINGUINI WITH  
 CARAMELIZED GARLIC  
 MARINATED BEETS AND  
 CARROTS SALAD  
 MARINATED ENOKI  
 MUSHROOM SALAD  
 MICROWAVE FISH FILLETS  
 IN SALSA  
 MARINATED SALMON BROIL  
 MEAT LINED PIES (PSG)  
 MONK'S HILL SPICY CHICKEN  
 MASHED POTATOES  
 MUSHROOM LOAVES (PSG)  
 NEW CAESAR-STYLE SALAD  
 OPAL BASIL FLOWERS WITH  
 EGGPLANT  
 ORIENTAL QUINOA SALAD  
 OVEN FRITTATA (PSG)  
 OYSTER GARLIC CHICKEN  
 PASTA CON AGLIO E OLIO  
 (PSG)  
 PASTA FAGIOLI  
 PASTA NOLA  
 PASTA SAUTÉ  
 PAULA'S BISCUIT MIX (PSG)  
 PESTO, PASTA AND TOMATO  
 SALAD  
 POMMES DE TERRE

BELLE-SAISON  
 POTATO BALLS WITH GARLIC (PSG)  
 POTATO-GARLIC SALAD  
 POTATO SALAD WITH SMOKY GARLIC CREAM DRESSING  
 POT-AU-FEU  
 POULET À LA CORSE  
 POZOLE  
 RED CHICKEN WITH KAPROW  
 RED PEPPERS STUFFED WITH GARLIC AND FETA CHEESE  
 RED POTATOES WITH GARLIC AND ROSEMARY  
 RICE DIABLO & GARLIC  
 RICE NOODLES AND SNOW PEAS  
 ROASTED BELLS, GARLIC AND BEL PAESE  
 ROAST CHICKEN  
 ROAST PORK TENDERLOIN  
 ROMBO ALIA CREMA D'AGLIO  
 ROSIE'S SPICY RIBS  
 SALAD L'AMOUR  
 SAN FRANCISCO SHRIMP AND RICE  
 SAUTÉED AMARANTH GREENS  
 SAUTÉED SHRIMP  
 SHAUDY'S LONDON BROIL  
 SHRIMP (OR CRABFISH) DILL SALAD  
 SICILIAN GREEN BEAN "IMPOSSIBLE PIE" (PSG)  
 SKINNY GARLIC-LIME CHICKEN WRAP  
 SONORAN BAKED TEPARY BEANS  
 SOUP PASTA FAGIOLE  
 SPAGHETTI AGLIO, OLIO E PEPPERONCINO  
 SPAGHETTI SQUASH SUPERB  
 SPAGHETTI-STUFFED PEPPERS  
 SPROUTED CHICK-PEA SALAD  
 SPROUTED WHEAT SALAD  
 STEAK BIRDS (PSG)  
 STEAK PIECES, SLICED

SWEET AND SOUR LENTILS  
 STOVETOP POTATOES (PSG)  
 SWISS CHARD & POTATOES, ITALIAN STYLE  
 TAMALE PIE (PSG)  
 TAMARILLO RATATOUILLE  
 THAI NOODLE SALAD  
 TOMATO GARLIC PASTA  
 VALLARTA "IMPOSSIBLE PIE" (PSG)  
 VEGETABLE CURRY  
 WARM POTATO SALAD  
 WINTER SQUASH AND TOMATO  
 ZUCCHINI-ARTICHOKE CASSEROLE



## OILS, VINEGARS AND PICKLES...115-119

BASIL-GARLIC VINEGAR  
 DILL PICKLES  
 FOUR THIEVES VINEGAR  
 FRESH HERB VINAIGRETTE  
 GARLIC MUSTARD VINAIGRETTE  
 GARLIC OIL  
 NIÇOISE VINEGAR  
 PERSIAN SUGAR-PICKLED GARLIC  
 PICKLED GARLIC-1  
 PICKLED GARLIC-2  
 PICKLED GARLIC-3  
 RED CHILI OIL  
 RED WINE BASIL VINAIGRETTE

PRESERVING GARLIC IN OIL  
 WHY DOES PICKLED GARLIC TURN BLUE-GREEN?  
 DEATH BY BOTULISM



## TIDBITS AND FUN.....120-126

BRAIDS  
 EQUIVALENTS  
 GARDEN  
 GARLIC SPRAY SOLUTION  
 GARLIC TEA FOR DAMPING-OFF FUNGUS  
 COMMON PESTS AND DISEASES  
 HEALTH  
 GARLIC COUGH SYRUP  
 GARLIC SMELLING SALTS  
 GARLIC SYRUP  
 PREVENTION TONIC  
 PREPARING GARLIC  
 BUYING, STORING AND PRE-SERVING GARLIC  
 ROASTED GARLIC BULBS & BEYOND  
 ELEPHANTS  
 WHAT'S IN A NAME?